

Coaching de PNL. Zen de PNL

Neurolinguistic Coaching, Neurolinguistic Zen



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Miguel Ángel León, working from his extensive experience as a coach and trainer of other coaches, presents in this book a playful way of learning, a way of making us more able to change and therefore realize our potential as coaches.

By putting into practice the processes contained in this text, we can continue increasing our capabilities as fathers, contributors, executives, therapists, or indeed in any capacity that requires skills and togetherness in order to relate well to others.

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